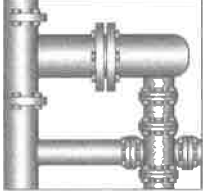


**Health Fund****Connecticut Pipe Trades Health Fund**

1155 Silas Deane Hwy.  
Wethersfield CT 06109-4318  
(860)571-9191- Fax (860)571-9221  
[www.connecticutpipetrades.com](http://www.connecticutpipetrades.com)

June 2023

RE: Your benefits now include Hinge Health

Dear Active Participant & Eligible Dependents:

I'm excited to share that Connecticut Pipe Trades Health Fund has expanded our benefits to now include Hinge Health, a digital exercise therapy program, to support back and joint health. Hinge Health gives you the tools you need to conquer back and joint pain, recover from injuries, prepare for surgery, and stay healthy and pain free. Their programs are available to you and your eligible dependents at no cost. Plus, you can complete your customized care plan anywhere, any time. Hinge Health will be sharing more details about their programs and how to sign up in the coming weeks. In the meantime, see how Hinge Health can help you.

If you have any questions, contact Hinge Health at (855) 902-2777 or [hello@hingehealth.com](mailto:hello@hingehealth.com).

Warm Regards,

The CT Pipe Trades Health Fund

